



Communication 5 season 11/12

- **Next events**

Sun Feb 12th - Loughlinstown Leisure Centre (DLR)

12:00 – 14:00 *Astra* -v- UCD MEN

14:00 – 16:00 *Women* Event

Sun Feb 19th - UCD Sports Centre

13:00 – 15:00 *Women* Event

Tue Feb 22nd - Sport HQ, 13 Joyce Way, Park West, Dublin 12

19:30 - Irish Olympic Handball Association AGM. All members invited to attend

Thurs Feb 23rd - Sligo IT

12.30 - 14.00 Sligo OHA with the sports development officer of Sligo IT organised an exhibition match to played in the context of a 'health awareness week'. If any of you is available to travel to Sligo for the day. Please let Robert know at soha2000@gmx.net

Sat Feb 25th - St Columba's College, Kilmashogue Lane

17:00 – 19:00 Lughnasa -v- *Astra* MEN

- **Fees**

Reminder that all fees should be paid in full by the 13th of March

- **Coaching and other course.**

The Dún Laoghaire Sport Partnership granted Astra HC €500 for coached education. Here a list of courses some of you might be interested in attending.



The Dún Laoghaire Sport Partnership in collaboration with the Irish Sport Council published the calendar of courses available for 2012. Some might be of your interest Let me know if you are interested in any of these. Full calendar available at .

http://www.dlrsportpartnership.ie/images/Calendar_2012_V1.pdf

- The '*Child Protection: Basic Awareness*' course will take place on:

Wednesday the 22nd of February, from 6.00pm - 9.30pm, in the DLR County Council Dundrum Office.

More course will be held on:

Thursday 15th March 6.00pm - 9.30pm Fitzpatrick's Hotel Killiney

Tuesday 24th April 6.00pm - 9.30pm Johnstown Pastoral Centre

Wednesday 16th May 6.00pm - 9.30pm Fitzpatrick's Hotel Killiney
Thursday 14th June 6.00pm - 9.30pm dlr County Council Dundrum Office
Tuesday 18th September 6.00pm - 9.30pm Fitzpatrick's Hotel Killiney
Wednesday 17th October 6.00pm - 9.30pm dlr County Council Dundrum Office
Thursday 15th November 6.00pm - 9.30pm Fitzpatrick's Hotel Killiney
Tuesday 4th December 6.00pm - 9.30pm St Johns GAA Club Ballinteer

- The '*Child Protection: Children's Officer*' course* will take place on:
Saturday the 3rd of March, from 10.00am - 5.00pm, in Johnstown Parish Pastoral Centre.
More course will be held on:

Saturday 17th November 10.00am - 5.00pm Johnstown Parish Pastoral Centre

- The '*Inclusive Clubs Workshop*' will take place on:
Wednesday 14th November 7.00pm - 8.30pm St. Joseph's Boys Girls FC, Sallynoggin

- The '*Sports First Aid course*' will take place on:
Saturday 25th February 9.00am - 4.00pm Castle Park School, Dalkey
Saturday 6th October 9.00am - 4.00pm St Johns GAA Club Ballinteer

*All above workshops and events must be booked in advance, please contact the Sports Partnership to book your place Dún Laoghaire-Rathdown Sports Partnership - T: 01 271 9502
E: sportspartnership@dlrcoco.ie*

- In 2012 it should also run another *Sports Volunteer Development Programme*. This is an initiative of the UCD Athletic Union Council (AUC), the Dun Laoghaire Rathdown Sports Partnership and the UCD Centre for Sports Studies. The aim of this programme is to equip volunteers with the necessary skills to effectively contribute to the management and development of their sports club.

<http://www.dlrsportspartnership.ie/home/latest-news/456-sports-volunteer-development-programme>

- Handball training camp - in Belgrade I got this flyer "handball 4 all" . This is a special training program of individual handball knowledge, for young players (max U23 I believe) and Coaches!
More details, pictures, video clip's etc you can find on Facebook page:

<http://www.facebook.com/pages/HANDBALL-4ALL/103378686430123>

for more information here some contact handball.for.hall@gmail.com

- The Irish Olympic Handball Association should also organise some coaching course. you might keep an eye on their website <http://www.olympichandball.org/>

- **Astra's U15 ladies to travel to Scotland**

On the weekend of the 12th of February Astra HC will travel to Scotland with 16 girls in the age U13 and U15. Over the weekend they will play up to 6 matches against local teams.

- **REGISTRATION as member of Astra Handball Club**

All Astra players need to register for the Club for the season 2011/2012 at the link below <https://spreadsheets0.google.com/viewform?formkey=dGo3eExUY2pVNS1ocC1LN0NURnBVVXc6MQ>

- **REGISTRATION as a member of the Irish Olympic Handball Association (IOHA)**

This registration must also be completed, and this will entitle you to play in the IOHA league https://www.myclubfinances.com/memberships.asp?CLb=1&LL_ID=497&intMF_ID=296