



handball club
Constitution

1. Name:

The Club shall be known as "Astra Handball Club" hereinafter called the 'Club'.

2. Formation and Objects:

2.1 Astra Handball Club was created in 2007 by constitution as a non-profit sport club and is operated under the laws of Ireland for the main object of promoting the amateur game of Olympic Handball in the South Dublin (SD) and Dún Laoghaire Rathdown (DLR) area for men, women, boys and girls.

2.2 In furtherance of the foregoing main object, the Club shall have the following subsidiary objects:

- a) To promote, encourage and develop the sport of Olympic Handball.
- b) To act as the Club of reference for the sport in SD and DLR.
- c) To assist in the formation of other Clubs and School teams in the SD and DLR Area.
- d) To assist Irish Olympic Handball Association (IOHA – NGB) in the organisation of coaching courses, referees courses and conferences to foster the development of the sport in the SD-DLR area.
- e) To promote and support the further education of its members being them players, coaches, administrator, and volunteers in sport activities.
- f) Is NOT permitted to attempt to influence legislation, by propaganda or otherwise.
- g) Is NOT permitted to participate or intervene, directly or indirectly, in any political campaign on behalf of, or in opposition to, any candidate for public office.

3. Membership:

3.1 There shall be three classes of membership –

- a) Club Membership,
- b) Life Membership
- c) Honorary Membership

3.2 Granting of Membership is conditional upon payment of the appropriate subscription(s), the amount(s) to be decided annually at the A.G.M. of the Club.

4. Officers:

4.1 The Officers of the Club shall be a Chairman, Secretary, Director of Coaching and Child protection officer, Treasurer. They shall collectively form the Executive Committee of the Club, hereafter known as the 'Executive'.

4.2.1 Elections for the posts of Chairman, Secretary, Director of Coaching and Child protection officer, Treasurer shall be held at the A.G.M. of the Club.

The procedure for these elections shall be as follows –

Each Club member may cast one vote.

Officers shall be elected in a three-year cycle and shall therefore serve for a period of three years.

4.2.2 Nominations for these posts shall be submitted to the Secretary of the Club no less than two weeks prior to the A.G.M. of the Club which shall be held on the last weekend of May or alternatively on the last weekend of September.

4.3.1 Should an officer of the Executive wish to resign from during his term of office he shall present written notice of his intention to resign to a meeting of the Executive, after which he shall remain in office for a period of six weeks.

4.3.2 Executive Members may be removed from office following a resolution passed at a General Meeting of the Association.

5. The Executive

5.1 The affairs of the Club shall be managed by the 'Executive'.

5.2 Quorum – The Quorum necessary for the transaction of the business shall be three members eligible to vote.

5.3 The administration of the rules and regulations of the Club shall be vested in the Executive solely and this Committee shall decide all questions of laws and other matters relating to the game save those requiring an alteration in the Constitution.

5.4 Voting – A simple majority shall be decisive in the business of the Executive Committee, the chairman having a casting vote where necessary.

6. Duties of Officers:

As laid down in the standing orders by the Executive Committee.

7. Loss of Membership

Membership, other than honorary membership may be forfeited by expulsion by the constituent organisation concerned

- 1) for any infringement of the rules of the Club,
- 2) for non payment of the dues within six months after they become due,
- 3) by request of the member concerned,
- 4) for any action which might damage the reputation of the Club and the good name of Olympic Handball.

All persons have the right to appeal.

8. Annual General Meeting:

The Secretary shall convene the A.G.M. by sending the written notice at least four weeks in advance, to all Club members.

8.1 The A.G.M. shall be held on the last weekend of May or alternatively on the last weekend of September, when the annual report of the Executive Office shall be presented.

8.2.1 At least four weeks notice giving full particulars and agenda of the meeting must be sent to the secretary of each Club members.

8.3 Voting on all motions shall be as follows:

Each member of the Executive in attendance shall be entitled to one vote on any motion before the Meeting.

8.4 All matters shall be decided on by a show of hands or by a ballot, at the discretion of the Chairman, who shall chair the Meeting.

8.5 Resolutions affecting the Constitution shall require a two-thirds majority of all votes cast. three weeks notice of such resolutions shall be necessary.

9. Extraordinary General Meeting:

An Extraordinary General Meeting of the Club shall be convened three weeks after (a) the passing of a resolution by the Executive, or, (b) the receipt by the Executive of a resolution from at least ten ordinary members.

10. Finance:

10.1 The financial year of the Club shall end on the 31st of August and an audited statement of accounts up to and including this date shall be presented to the A.G.M. The funds of the Club shall be lodged at a bank and all cheques etc. drawn on the account shall be signed by ANY two of the following: Chairman, Treasurer or Secretary. The funds of the Club shall be invested in the name of the Club and neither they nor any other property belonging to the Club shall be paid nor distributed among members of the Club's. The Club as a member of the Irish Olympic Handball Association shall pay dues to that body in accordance with the affiliation fees laid down by that body.

10.2 **Income and Property** The income and property of the body, shall be applied solely towards the promotion of its main object as set forth in this Constitution. No portion of the body's income and property shall be paid or transferred directly or indirectly by way of dividend, bonus or otherwise howsoever by way of profit, to the members of the body. No Officer shall be appointed to any office of the body paid by salary or fees, or receive any remuneration or other benefit in money or money's worth from the body. However, nothing shall prevent any payment in good faith by the body of:

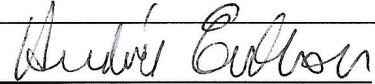
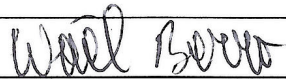


a) reasonable and proper remuneration to any member of the body (not being an Officer) for any services rendered to the body;

b) interest at a rate not exceeding 5% per annum on money lent by Officers or other members of the body to the body;

c) reasonable and proper rent for premises demised and let by any member of the body (including any Officer) to the body;

- d) reasonable and proper out-of-pocket expenses incurred by any Officer in connection with their attendance to any matter affecting the body;
- e) fees, remuneration or other benefit in money or money's worth to any Company of which an Officer may be a member holding not more than one hundredth part of the issued capital of such Company.
- 10.3 No proprietary interest in the Club. The Club has no shareholders or members who have a proprietary interest in its income or assets.
- 10.4 **Winding-up** If upon the winding up or dissolution of the body there remains, after the satisfaction of all its debts and liabilities, any property whatsoever, it shall not be paid to or distributed among the members of the body. Instead, such property shall be given or transferred to some other charitable institution or institutions having main objects similar to the main objects of the body. The institution or institutions to which the property is to be given or transferred shall prohibit the distribution of its or their income and property among its or their members to an extent at least as great as is imposed on the body under or by virtue of Clause 10.2 hereof. Members of the body shall select the relevant institution or institutions at or before the time of dissolution, and if and so far as effect cannot be given to such provisions, then the property shall be given or transferred to some charitable object.
- 10.5 Annual audited accounts shall be kept and made available to the Revenue Commissioner on request
11. General
- 11.1 In the event of matters arising which are not provided for in the Constitution such matters shall be decided by the Executive whose decision shall be final.
- 11.2 Alterations to the Constitution may only be approved by the A.G.M. or Extraordinary General Meeting convened for this purpose.
- 11.3 No addition, alteration or amendment shall be made to or in the provisions of this Constitution for the time being in force unless the same shall have been previously approved in writing by the Revenue Commissioners.
- 11.4 The Club shall keep all its members abreast of all developments made at the International Handball Federation.
- 11.5 The Club shall comply with all applicable Regulatory and Legislative requirements and guidelines as laid down by the Houses of the Oireachtas of the Republic of Ireland - including the Code of Ethics & Good Practice for Children's Sport in Ireland as published by the Irish Sports Council.
12. Guidelines and policies
- 12.1 Astra Handball Club guidelines are:
- To be a child centric club.
 - the development of Olympic Handball in schools and in all age groups for boys and girls with a desire to be able to sustain the senior teams and enable them to compete at the European level.

- to promote a healthy lifestyle and to provide a safe and enjoyable environment where the younger age group can participate in sport and socialize.
- to promote friendship and respect for all.
- to train and constantly improve the physical, technical and tactical development of the players.
- to encourage and constantly improve the technical and tactical development of the coaches.
- Astra HC has signed up to the ISC child protection and good practice in sport and require all the coaches to attend the relevant workshops.
- Astra HC condemns any form of discrimination (such as of race, colour, creed, gender, national origin, sexual orientation, veteran or disability statuses).

Signed: <u></u> Name: <u>ANDRÉS EIRÍKSSON</u> Position: <u>Chairman</u> Date: <u>26.02.13</u>	Signed: <u></u> Name: <u>Wael BERRU</u> Position: <u>Treasurer</u> Date: <u>07/03/13</u>
Signed: <u></u> Name: <u>ANDREA UNGARO</u> Position: <u>Secretary and CPO</u> Date: <u>26th Feb '13</u>	Signed: <u></u> Name: <u>ALICIA O'CONNOE</u> Position: <u>Board Member</u> Date: <u>26/02/13</u>